

The Project Gutenberg eBook of The Dalby Bear, and Other Ballads, by George Borrow and Thomas James Wise

This ebook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg License included with this ebook or online at www.gutenberg.org. If you are not located in the United States, you'll have to check the laws of the country where you are located before using this eBook.

Title: The Dalby Bear, and Other Ballads

Author: George Borrow

Editor: Thomas James Wise

Release Date: May 14, 2009 [EBook #28817]

Language: English

*** START OF THE PROJECT GUTENBERG EBOOK THE DALBY BEAR, AND OTHER BALLADS

Transcribed from the 1913 Thomas J. Wise pamphlet by David Price, email ccx074@pglaf.org. Many thanks to Norfolk and Norwich Millennium Library, UK, for kindly supplying the images from which this transcription was made.

THE DALBY BEAR AND OTHER BALLADS

BY
GEORGE BORROW

LONDON:
PRINTED FOR PRIVATE CIRCULATION
1913

THE DALBY BEAR

p. 5

There goes a bear on Dalby moors,
Oxen and horses he devours.

The peasants are in deep distress
The laidly bear should them oppress.

Their heads together at length they lay,
How they the bear might seize and slay.

They drove their porkers through the wood,
The bear turn'd round as he lay at food.

Outspoke as best he could the bear:
"What kind of guests approach my lair?"

Uprose the bear amain from his food,
A christian man before him stood.

A little hour together they fought,
The bear to the earth the man has brought.

Fast came a knight as he could make,
He heard the heart of the peasant break.

The bear upon him fiercely glar'd;

p. 6

"Thou needst not hurry, I'm prepar'd."

"And thou by me shalt be stoutly met,
So thou may'st vapour and thou may'st threat.

"If thou hast spear and nimble hand,
I've claws and teeth at my command."

They fought for a day, they fought for two,
And so on the third they continu'd to do.

But when to night the fourth day drew,
The bear to the earth the warrior threw.

"Thou wilt no victory gain from me,
Thou haughty knight, thou may'st certain be.

"I late was the son of a powerful King,
A Queen me into the world did bring.

"My Step-dame chang'd me, as you see,
She'd ruin me to eternity.

p. 7

"About the wild forest I have run,
To the boors much scathe and violence done.

"In winter and in summer's tide
In peace for me they could not bide.

"But they may thank my cruel Dame,
For 'twas through her I a bear became.

"She plac'd around my neck so tight
An iron band in wrath and spite.

"If thou this accursed band canst break
Thy life from thee I will not take."

"O I will help thee from thy thrall;
Maria's son who has power for all

"Will loosen from thee this stubborn band,
Full able thereto is his right hand."

O'er him the cross the knight did make,
The iron burst from the bruin's neck.

He became a youth as fair as day,
His father's realm he went to sway.

p. 8

A noble maid awaits the knight,
The hand of the Monarch's sister bright.

They liv'd together in honor and joy,
To the cruel Stepdame's great annoy.

A hard flint rock she soon became,
For herself she earn'd both woe and shame.

TYGGE HERMANDSEN

p. 9

Down o'er the isle in torrents fell
On a Thursday morn the rain;
To fetch his bride now forth shall ride
Sir Tygge Hermandsen.

Sir Tygge out of the window look'd,
The brooks ran boisterously;
"To ride out now would bring me woe,
So dear no bride I'll buy.

"But hear thou, Nilaus Benditson,
Long shanks has thy good steed;
I beg for the love of the God above
You'll fetch my bride with speed."

Then answer'd Nilaus Benditson,
In his sleeve thus answer'd he:
"If me thou dispatch thy bride to fetch

p. 10

I'll trick thee certainly."

It was Nilaus Benditson,
He rode the bride to meet;
There hung silk sheen and sendal green
Before his courser's feet.

They clad themselves in silken cloth,
And in cloth of gold beside;
In long array to the Kirk their way
They took with the youthful bride.

The bride before the holy Kirk door
Like a blooming rose did stand;
Oft did she turn to the water, to learn
If the bridegroom was at hand.

Then answer'd Nilaus Benditson,
He stood by the bride so close:
"The brooks so roar'd that to cross the ford
He fear'd would wet his hose."

They plac'd the bride on the bridal bench
With pomp and honor high;
Oft would they turn to the water to learn
If the bridegroom bold drew nigh.

p. 11

In the silver cup they skink the ale,
And the nut-brown mead they pour;
Thus things they sped till day was fled,
And until of bed the hour.

They lifted up the youthful bride,
In the bride-bed her they set;
And there sat she for hours three,
There came no bridegroom yet.

The priests before the bride-bed stood,
And sang with all their might:
"Who in the bed in the bridegroom's stead
Shall sleep with the bride tonight?"

Then forth stepp'd Nilaus Benditson,
His lac'd shoe off flung he:
"With the bride so bright I'll sleep tonight,
And give her my troth with glee."

So they the bridal solemnized,
And glad themselves they made;
At home was then Tygge Hermandsen,
To cross the brooks afraid.

p. 12

It chanc'd upon a Wednesday,
The waters began to fall;
Across came then Tygge Hermandsen
With his gay bridesmen all.

And he came to the bridal house
Where the feast was spread in state,
Then up and cried the youthful bride:
"Ride back, you come too late."

"Now hear, thou beauteous Sidselil,
I've this to complain of thee,
That thou hast ta'en another swain
And broke thy troth with me."

"Now hear, thou Tygge Hermandsen,
Thou might'st have been aware,
I would disdain to wed the swain
To wet his feet had fear.

"If thou hadst been a Lady's swain,
And hadst thou lov'd me true,
With thy sword's stroke thou wouldst have broke
Thy way through the billows blue."

p. 13

"To the cloyster I'll myself betake,
And the monkish vow I'll swear;
For good or ill, proud Sidselil,

I'll never more come here."

"But if hereby thy way shall lie
When the brooks shall calmly run,
If cheeses two in my store I view
In thy sack I'll drop thee one." [13]

THE WICKED STEPMOTHER

p. 14

Sir Ove he has no daughter but one,
All underneath a green hill's side,
He bestow'd her the Lord of Elling upon.
In such peril through the forest they ride.

He bestow'd her upon a gallant knight,
All underneath a green hill's side,
Sir Stig Cob was the gallant hight.
In such peril through the forest they ride.

When a year to end had well nigh come,
All underneath a green hill's side.
Two sons had Thorelil in her womb.
In such peril through the forest they ride.

Hither and thither they carry the dame,
All underneath a green hill's side,
But worse and worse her plight became.
In such peril through the forest they ride.

p. 15

Sir Stig his bonnet he has put on,
All underneath a green hill's side,
And into the hall to his mother is gone.
In such peril through the forest they ride.

"Hear me, dear mother, canst thou rede,
All underneath a green hill's side,
How it with Thorelil shall speed?"
In such peril through the forest they ride.

"For forty weeks and a year I trow,
All underneath a green hill's side,
Thy Thorelil with child shall go."
In such peril through the forest they ride.

"O mother dear, it can scarce be so,
All underneath a green hill's side,
But forty weeks Mary with Christ did go."
In such peril through the forest they ride.

"Since I no help can here obtain,
All underneath a green hill's side,
From whence I came convey me again."
In such peril through the forest they ride.

p. 16

"The horses are grazing upon the moor,
All underneath a green hill's side,
And in their beds the coachmen snore."
In such peril through the forest they ride.

"If coach nor coachmen I can get,
All underneath the green hill's side,
I'll tramp on my feet through dry and wet."
In such peril through the forest they ride.

Her lips the word had scarcely said,
All underneath a green hill's side,
When the horses to the coach were led.
In such peril through the forest they ride.

Stig took her so tenderly by the waist,
All underneath a green hill's side.
And her in the gilded coach he plac'd.
In such peril through the forest they ride.

He set her down on the cushions gray,
All underneath a green hill's side,

p. 17

And he himself drove the coach away.
In such peril through the forest they ride.

And when they came under the green wood bough,
All underneath a green hill's side,
Her chariot broke her weight below.
In such peril through the forest they ride.

"A wondrous woman I sure must be,
All underneath a green hill's side,
Since my own coach won't carry me."
In such peril through the forest they ride.

"My dearest, my dearest, be not dismay'd,
All underneath a green hill's side,
Thou back canst walk with thy husband's aid."
In such peril through the forest they ride.

And when to the castle gate they won,
All underneath a green hill's side,
His sister stood and lean'd thereon.
In such peril through the forest they ride.

"O my dear sister, canst thou rede,
All underneath a green hill's side,
How it with Thorelil will speed?"
In such peril through the forest they ride.

p. 18

Unto her coffer proud Mettelil flew,
All underneath a green hill's side,
Of wax she has fashion'd babies two.
In such peril through the forest they ride.

She drew her blue mantle o'er her head,
All underneath a green hill's side,
And unto her mother's bower she sped.
In such peril through the forest they ride.

"From thy heart, dear mother, all sorrow chase,
All underneath a green hill's side,
And thy grand-babes take to thy embrace."
In such peril through the forest they ride.

"O I had thought with my bunch of keys,
All underneath a green hill's side,
To overturn her bliss with ease.
In such peril through the forest they ride.

"I thought I'd bewitch'd each inch of land,
All underneath a green hill's side,
Save the spot alone where her chest doth stand."
In such peril through the forest they ride.

p. 19

No sooner was Thorelil thither convey'd,
All underneath a green hill's side,
Than of two fair sons she light was made.
In such peril through the forest they ride.

"O God grant me so long to breathe,
All underneath a green hill's side,
That parting presents I may bequeath.
In such peril through the forest they ride.

"Stig's mother, I give her my sarke to wear,
All underneath a green hill's side,
May she use it like me with grief and care!
In such peril through the forest they ride.

"To his sister I give my embroider'd shoe,
All underneath a green hill's side,
To wear with glee unmixt with woe.
In such peril through the forest they ride.

"A lovely rose is my last bequest,
All underneath a green hill's side,
For Stig to wed, and with her be blest."
In such peril through the forest they ride.

p. 20

* * * * *

LONDON:

Footnotes:

[13] She taunts him with the idea of his becoming a monk, and going about with a sack begging for alms.

*** END OF THE PROJECT GUTENBERG EBOOK THE DALBY BEAR, AND OTHER BALLADS ***

Updated editions will replace the previous one—the old editions will be renamed.

Creating the works from print editions not protected by U.S. copyright law means that no one owns a United States copyright in these works, so the Foundation (and you!) can copy and distribute it in the United States without permission and without paying copyright royalties. Special rules, set forth in the General Terms of Use part of this license, apply to copying and distributing Project Gutenberg™ electronic works to protect the PROJECT GUTENBERG™ concept and trademark. Project Gutenberg is a registered trademark, and may not be used if you charge for an eBook, except by following the terms of the trademark license, including paying royalties for use of the Project Gutenberg trademark. If you do not charge anything for copies of this eBook, complying with the trademark license is very easy. You may use this eBook for nearly any purpose such as creation of derivative works, reports, performances and research. Project Gutenberg eBooks may be modified and printed and given away—you may do practically ANYTHING in the United States with eBooks not protected by U.S. copyright law. Redistribution is subject to the trademark license, especially commercial redistribution.

START: FULL LICENSE

THE FULL PROJECT GUTENBERG LICENSE

PLEASE READ THIS BEFORE YOU DISTRIBUTE OR USE THIS WORK

To protect the Project Gutenberg™ mission of promoting the free distribution of electronic works, by using or distributing this work (or any other work associated in any way with the phrase “Project Gutenberg”), you agree to comply with all the terms of the Full Project Gutenberg™ License available with this file or online at www.gutenberg.org/license.

Section 1. General Terms of Use and Redistributing Project Gutenberg™ electronic works

1.A. By reading or using any part of this Project Gutenberg™ electronic work, you indicate that you have read, understand, agree to and accept all the terms of this license and intellectual property (trademark/copyright) agreement. If you do not agree to abide by all the terms of this agreement, you must cease using and return or destroy all copies of Project Gutenberg™ electronic works in your possession. If you paid a fee for obtaining a copy of or access to a Project Gutenberg™ electronic work and you do not agree to be bound by the terms of this agreement, you may obtain a refund from the person or entity to whom you paid the fee as set forth in paragraph 1.E.8.

1.B. “Project Gutenberg” is a registered trademark. It may only be used on or associated in any way with an electronic work by people who agree to be bound by the terms of this agreement. There are a few things that you can do with most Project Gutenberg™ electronic works even without complying with the full terms of this agreement. See paragraph 1.C below. There are a lot of things you can do with Project Gutenberg™ electronic works if you follow the terms of this agreement and help preserve free future access to Project Gutenberg™ electronic works. See paragraph 1.E below.

1.C. The Project Gutenberg Literary Archive Foundation (“the Foundation” or PGLAF), owns a compilation copyright in the collection of Project Gutenberg™ electronic works. Nearly all the individual works in the collection are in the public domain in the United States. If an individual work is unprotected by copyright law in the United States and you are located in the United States, we do not claim a right to prevent you from copying, distributing, performing, displaying or creating derivative works based on the work as long as all references to Project Gutenberg are removed. Of course, we hope that you will support the Project Gutenberg™ mission of promoting free access to electronic works by freely sharing Project Gutenberg™ works in compliance with the terms of this agreement for keeping the Project Gutenberg™ name associated with the work. You can easily comply with the terms of this agreement by keeping this work in the same format with its attached full Project Gutenberg™ License when you share it without charge with others.

1.D. The copyright laws of the place where you are located also govern what you can do with this work. Copyright laws in most countries are in a constant state of change. If you are outside the

United States, check the laws of your country in addition to the terms of this agreement before downloading, copying, displaying, performing, distributing or creating derivative works based on this work or any other Project Gutenberg™ work. The Foundation makes no representations concerning the copyright status of any work in any country other than the United States.

1.E. Unless you have removed all references to Project Gutenberg:

1.E.1. The following sentence, with active links to, or other immediate access to, the full Project Gutenberg™ License must appear prominently whenever any copy of a Project Gutenberg™ work (any work on which the phrase “Project Gutenberg” appears, or with which the phrase “Project Gutenberg” is associated) is accessed, displayed, performed, viewed, copied or distributed:

This eBook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg License included with this eBook or online at www.gutenberg.org. If you are not located in the United States, you will have to check the laws of the country where you are located before using this eBook.

1.E.2. If an individual Project Gutenberg™ electronic work is derived from texts not protected by U.S. copyright law (does not contain a notice indicating that it is posted with permission of the copyright holder), the work can be copied and distributed to anyone in the United States without paying any fees or charges. If you are redistributing or providing access to a work with the phrase “Project Gutenberg” associated with or appearing on the work, you must comply either with the requirements of paragraphs 1.E.1 through 1.E.7 or obtain permission for the use of the work and the Project Gutenberg™ trademark as set forth in paragraphs 1.E.8 or 1.E.9.

1.E.3. If an individual Project Gutenberg™ electronic work is posted with the permission of the copyright holder, your use and distribution must comply with both paragraphs 1.E.1 through 1.E.7 and any additional terms imposed by the copyright holder. Additional terms will be linked to the Project Gutenberg™ License for all works posted with the permission of the copyright holder found at the beginning of this work.

1.E.4. Do not unlink or detach or remove the full Project Gutenberg™ License terms from this work, or any files containing a part of this work or any other work associated with Project Gutenberg™.

1.E.5. Do not copy, display, perform, distribute or redistribute this electronic work, or any part of this electronic work, without prominently displaying the sentence set forth in paragraph 1.E.1 with active links or immediate access to the full terms of the Project Gutenberg™ License.

1.E.6. You may convert to and distribute this work in any binary, compressed, marked up, nonproprietary or proprietary form, including any word processing or hypertext form. However, if you provide access to or distribute copies of a Project Gutenberg™ work in a format other than “Plain Vanilla ASCII” or other format used in the official version posted on the official Project Gutenberg™ website (www.gutenberg.org), you must, at no additional cost, fee or expense to the user, provide a copy, a means of exporting a copy, or a means of obtaining a copy upon request, of the work in its original “Plain Vanilla ASCII” or other form. Any alternate format must include the full Project Gutenberg™ License as specified in paragraph 1.E.1.

1.E.7. Do not charge a fee for access to, viewing, displaying, performing, copying or distributing any Project Gutenberg™ works unless you comply with paragraph 1.E.8 or 1.E.9.

1.E.8. You may charge a reasonable fee for copies of or providing access to or distributing Project Gutenberg™ electronic works provided that:

- You pay a royalty fee of 20% of the gross profits you derive from the use of Project Gutenberg™ works calculated using the method you already use to calculate your applicable taxes. The fee is owed to the owner of the Project Gutenberg™ trademark, but he has agreed to donate royalties under this paragraph to the Project Gutenberg Literary Archive Foundation. Royalty payments must be paid within 60 days following each date on which you prepare (or are legally required to prepare) your periodic tax returns. Royalty payments should be clearly marked as such and sent to the Project Gutenberg Literary Archive Foundation at the address specified in Section 4, “Information about donations to the Project Gutenberg Literary Archive Foundation.”
- You provide a full refund of any money paid by a user who notifies you in writing (or by e-mail) within 30 days of receipt that s/he does not agree to the terms of the full Project Gutenberg™ License. You must require such a user to return or destroy all copies of the works possessed in a physical medium and discontinue all use of and all access to other copies of Project Gutenberg™ works.
- You provide, in accordance with paragraph 1.F.3, a full refund of any money paid for a work or a replacement copy, if a defect in the electronic work is discovered and reported to you within 90 days of receipt of the work.
- You comply with all other terms of this agreement for free distribution of Project Gutenberg™ works.

1.E.9. If you wish to charge a fee or distribute a Project Gutenberg™ electronic work or group of

works on different terms than are set forth in this agreement, you must obtain permission in writing from the Project Gutenberg Literary Archive Foundation, the manager of the Project Gutenberg™ trademark. Contact the Foundation as set forth in Section 3 below.

1.F.

1.F.1. Project Gutenberg volunteers and employees expend considerable effort to identify, do copyright research on, transcribe and proofread works not protected by U.S. copyright law in creating the Project Gutenberg™ collection. Despite these efforts, Project Gutenberg™ electronic works, and the medium on which they may be stored, may contain “Defects,” such as, but not limited to, incomplete, inaccurate or corrupt data, transcription errors, a copyright or other intellectual property infringement, a defective or damaged disk or other medium, a computer virus, or computer codes that damage or cannot be read by your equipment.

1.F.2. LIMITED WARRANTY, DISCLAIMER OF DAMAGES - Except for the “Right of Replacement or Refund” described in paragraph 1.F.3, the Project Gutenberg Literary Archive Foundation, the owner of the Project Gutenberg™ trademark, and any other party distributing a Project Gutenberg™ electronic work under this agreement, disclaim all liability to you for damages, costs and expenses, including legal fees. YOU AGREE THAT YOU HAVE NO REMEDIES FOR NEGLIGENCE, STRICT LIABILITY, BREACH OF WARRANTY OR BREACH OF CONTRACT EXCEPT THOSE PROVIDED IN PARAGRAPH 1.F.3. YOU AGREE THAT THE FOUNDATION, THE TRADEMARK OWNER, AND ANY DISTRIBUTOR UNDER THIS AGREEMENT WILL NOT BE LIABLE TO YOU FOR ACTUAL, DIRECT, INDIRECT, CONSEQUENTIAL, PUNITIVE OR INCIDENTAL DAMAGES EVEN IF YOU GIVE NOTICE OF THE POSSIBILITY OF SUCH DAMAGE.

1.F.3. LIMITED RIGHT OF REPLACEMENT OR REFUND - If you discover a defect in this electronic work within 90 days of receiving it, you can receive a refund of the money (if any) you paid for it by sending a written explanation to the person you received the work from. If you received the work on a physical medium, you must return the medium with your written explanation. The person or entity that provided you with the defective work may elect to provide a replacement copy in lieu of a refund. If you received the work electronically, the person or entity providing it to you may choose to give you a second opportunity to receive the work electronically in lieu of a refund. If the second copy is also defective, you may demand a refund in writing without further opportunities to fix the problem.

1.F.4. Except for the limited right of replacement or refund set forth in paragraph 1.F.3, this work is provided to you ‘AS-IS’, WITH NO OTHER WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING BUT NOT LIMITED TO WARRANTIES OF MERCHANTABILITY OR FITNESS FOR ANY PURPOSE.

1.F.5. Some states do not allow disclaimers of certain implied warranties or the exclusion or limitation of certain types of damages. If any disclaimer or limitation set forth in this agreement violates the law of the state applicable to this agreement, the agreement shall be interpreted to make the maximum disclaimer or limitation permitted by the applicable state law. The invalidity or unenforceability of any provision of this agreement shall not void the remaining provisions.

1.F.6. INDEMNITY - You agree to indemnify and hold the Foundation, the trademark owner, any agent or employee of the Foundation, anyone providing copies of Project Gutenberg™ electronic works in accordance with this agreement, and any volunteers associated with the production, promotion and distribution of Project Gutenberg™ electronic works, harmless from all liability, costs and expenses, including legal fees, that arise directly or indirectly from any of the following which you do or cause to occur: (a) distribution of this or any Project Gutenberg™ work, (b) alteration, modification, or additions or deletions to any Project Gutenberg™ work, and (c) any Defect you cause.

Section 2. Information about the Mission of Project Gutenberg™

Project Gutenberg™ is synonymous with the free distribution of electronic works in formats readable by the widest variety of computers including obsolete, old, middle-aged and new computers. It exists because of the efforts of hundreds of volunteers and donations from people in all walks of life.

Volunteers and financial support to provide volunteers with the assistance they need are critical to reaching Project Gutenberg™’s goals and ensuring that the Project Gutenberg™ collection will remain freely available for generations to come. In 2001, the Project Gutenberg Literary Archive Foundation was created to provide a secure and permanent future for Project Gutenberg™ and future generations. To learn more about the Project Gutenberg Literary Archive Foundation and how your efforts and donations can help, see Sections 3 and 4 and the Foundation information page at www.gutenberg.org.

Section 3. Information about the Project Gutenberg Literary Archive Foundation

The Project Gutenberg Literary Archive Foundation is a non-profit 501(c)(3) educational corporation organized under the laws of the state of Mississippi and granted tax exempt status by

the Internal Revenue Service. The Foundation's EIN or federal tax identification number is 64-6221541. Contributions to the Project Gutenberg Literary Archive Foundation are tax deductible to the full extent permitted by U.S. federal laws and your state's laws.

The Foundation's business office is located at 809 North 1500 West, Salt Lake City, UT 84116, (801) 596-1887. Email contact links and up to date contact information can be found at the Foundation's website and official page at www.gutenberg.org/contact

Section 4. Information about Donations to the Project Gutenberg Literary Archive Foundation

Project Gutenberg™ depends upon and cannot survive without widespread public support and donations to carry out its mission of increasing the number of public domain and licensed works that can be freely distributed in machine-readable form accessible by the widest array of equipment including outdated equipment. Many small donations (\$1 to \$5,000) are particularly important to maintaining tax exempt status with the IRS.

The Foundation is committed to complying with the laws regulating charities and charitable donations in all 50 states of the United States. Compliance requirements are not uniform and it takes a considerable effort, much paperwork and many fees to meet and keep up with these requirements. We do not solicit donations in locations where we have not received written confirmation of compliance. To SEND DONATIONS or determine the status of compliance for any particular state visit www.gutenberg.org/donate.

While we cannot and do not solicit contributions from states where we have not met the solicitation requirements, we know of no prohibition against accepting unsolicited donations from donors in such states who approach us with offers to donate.

International donations are gratefully accepted, but we cannot make any statements concerning tax treatment of donations received from outside the United States. U.S. laws alone swamp our small staff.

Please check the Project Gutenberg web pages for current donation methods and addresses. Donations are accepted in a number of other ways including checks, online payments and credit card donations. To donate, please visit: www.gutenberg.org/donate

Section 5. General Information About Project Gutenberg™ electronic works

Professor Michael S. Hart was the originator of the Project Gutenberg™ concept of a library of electronic works that could be freely shared with anyone. For forty years, he produced and distributed Project Gutenberg™ eBooks with only a loose network of volunteer support.

Project Gutenberg™ eBooks are often created from several printed editions, all of which are confirmed as not protected by copyright in the U.S. unless a copyright notice is included. Thus, we do not necessarily keep eBooks in compliance with any particular paper edition.

Most people start at our website which has the main PG search facility: www.gutenberg.org.

This website includes information about Project Gutenberg™, including how to make donations to the Project Gutenberg Literary Archive Foundation, how to help produce our new eBooks, and how to subscribe to our email newsletter to hear about new eBooks.