The Project Gutenberg eBook of Alcohol and the Human Brain , by Joseph Cook

This ebook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg License included with this ebook or online at <u>www.gutenberg.org</u>. If you are not located in the United States, you'll have to check the laws of the country where you are located before using this eBook.

Title: Alcohol and the Human Brain

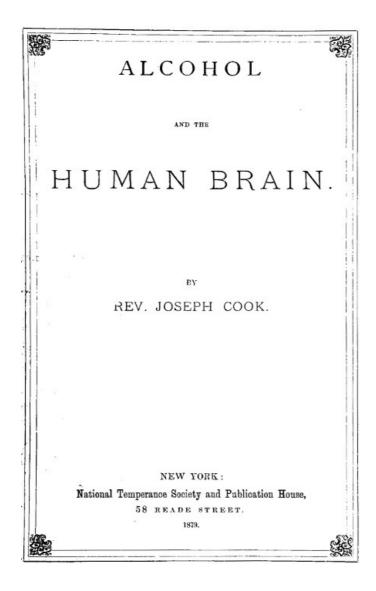
Author: Joseph Cook Publisher: National Temperance Society and Publication House

Release date: March 30, 2013 [EBook #42435]

Language: English

Credits: Produced by Sandra Eder, Martin Pettit and the Online Distributed Proofreading Team at http://www.pgdp.net (This file was produced from images generously made available by The Internet Archive)

*** START OF THE PROJECT GUTENBERG EBOOK ALCOHOL AND THE HUMAN BRAIN ***



HUMAN BRAIN.

BY REV. JOSEPH COOK.

NEW YORK: National Temperance Society and Publication House, 58 READE STREET. 1879.

ALCOHOL

AND THE

HUMAN BRAIN.

By Rev. Joseph Cook.

Cassio's language in Othello is to-day adopted by cool physiological science: "O God, that men should put an enemy in their mouths to steal away their brains! That we should, with joy, revel, pleasure and applause, transform ourselves into beasts! To be now a sensible man, by and by a fool, and presently a beast! O strange! Every inordinate cup is unbless'd, and the ingredient is the devil."—Shakespeare, *Othello*, Act II., Scene iii.

Central in all the discussion of the influence of intoxicating drink upon the human brain is the fact that albuminous substances are hardened by alcohol. I take the white of an egg, and, as you see, turn it out in a fluid condition into a goblet. The liquid is a viscous, glue-like substance, largely composed of albumen. It is made up of pretty nearly the same chemical ingredients that constitute a large part of the brain and the nervous system, and of many other tissues of the body. Forty per cent of the matter in the corpuscles of the blood is albumen. I am about to drench this white of an egg with alcohol. I have never performed this experiment before, and it may not succeed, but so certain am I that it will, that I purpose never to put the bottle to my lips and introduce into my system a fiend to steal away my brain. Edmund Burke, when he heard William Pitt say in Parliament that England would stand till the day of judgment, rose and replied; "What I fear is the day of *no* judgment." When Booth was about to assassinate Lincoln, his courage failed him, and he rushed away from the theater for an instant into the nearest restaurant and called for brandy. Harden the brain by drenching it in alcohol and you harden the moral nature.

If you will fasten your attention on the single fact, that alcohol hardens this albuminous substance with which I place it in contact, you will have in that single strategic circumstance an explanation of most of its ravages upon the blood and nerves and brain. I beg you to notice that the white of an egg in the goblet does not become hardened by exposure to the air. I have allowed it to remain exposed for a time, in order that you may see that there is no legerdemain in this experiment. [Laughter.] I now pour alcohol upon this albuminous fluid, and if the result here is what it has been in other cases, I shall pretty soon be able to show you a very good example of what coagulated albumen is in the nervous system and blood corpuscles. You will find this white of an egg gradually so hardened that you can take it out without a fork. I notice already that a mysterious change in it has begun. A strange thickening shoots through the fluid mass. This is your moderate drunkard that I am stirring up now. There is your tippler, a piece of him, [holding up a portion of the coagulated mass upon the glass pestle]. The coagulation of the substance of the brain and of the nervous system goes on. I am stirring up a hard drinker now. The infinitely subtle laws of chemistry take their course. Here is a man [holding up a part of the coagulated mass] whose brain is so leathery that he is a beast, and kicks his wife to death. I am stirring up in this goblet now the brain of a hardened sot. On this prongless glass rod, I hold up the large part of the white of an egg which you saw poured into this glass as a fluid. Here is your man [holding up a larger mass] who has benumbed his conscience and his reason both, and has begun to be dangerous to society from the effects of a diseased brain. Wherever alcohol touches this albuminous substance, it hardens it, and it does so by absorbing and fixing the water it contains. I dip out of the goblet now your man in delirium tremens. Here is what was once a fluid, rolling easily to right and left, and now you have the leathery brain and the hard heart.

Distortions of blood discs taken from the veins of drunkards have been shown to you here by the stereopticon and the best microscope in the United States. All the amazing alterations you saw in the shape, color, and contents of the blood discs are produced by the affinity of alcohol for the

[Pg 4]

[Pg 5]

[Pg 3]

water in the albuminous portion of the globules.

I am speaking here in the presence of expert chemists. You say I have no business to know [Pg 6] anything about these topics. Well, the new professor in Andover on the relations between religion and science has no business to know them. The new professor at Edinburgh University and in Princeton has no business to know them. The lectureship at the Union Theological Seminary in New York has no right to teach on these themes. There is getting to be a tolerably large company of us who are intending to look into these matters at the point of the microscope and the scalpel. In a wiser generation than ours the haughty men who will not speak themselves of the relations of religion and science, and will not allow others to speak-veritable dogs in the manger-will be turned as dogs out of the manger. I speak very strongly, for I have an indignation that can not be expressed when it is said that men who join hands with physicians, and are surrounded by experts to teach them the facts, have no right to make inferences. Men educated and put into professorships to discuss as a specialty the relation of religion and science have no right to discuss these themes! We have a right as lawyers to discuss such topics before juries, when we bring experts in to help us. I bring experts before you as a jury. I assert the right of Andover, and Princeton, and New Haven, and Edinburgh, and even of this humble platform to tell you what God does in the brain, and to exhibit to you the freshest discoveries there of both His mercy and wrath.

My support of temperance reform I would base upon the following propositions:

1. Scars in the flesh do not wash out nor grow out, but, in spite of the change of all the particles [Pg 7] of the body, are accurately reproduced without alteration by the flux of its particles.

Let us begin with an incontrovertible proposition. Everybody knows that the scars of childhood are retained through life, and that we are buried with them. But we carry into the grave no particle of the flesh that we had in youth. All the particles of the body are in flux and are changed every few years. There is, however, something in us that persists. I am I; and therefore I am praiseworthy or blameworthy for things I did a score of years since, although there is not a particle of my body here now that was here then. The sense of the identity persisting in all the flux of the particles of the system, proves there is something else in man besides matter. This is a very unsubstantial consideration, you say; but the acute and profound German finds in this one fact of the persistence of the sense of identity in spite of the flux of the particles of the body, the proof of the separateness of matter and mind.

Something reproduces these scars as the system throws off and changes its particles. That something must have been affected by the scarring. There is a strange connection between scars and the immaterial portion of us. It is a mysterious fact, right before us daily, and absolutely incontrovertible, that something in that part of us which does not change reproduces these scars. Newton, when the apple fell on his head—according to the fable, for I suppose that story is not history—found in it the law of the universe; and so in the simple fact that scars will not wash out or grow out, although the particles of the flesh are all changed, we find two colossal propositions; the one is that there is somewhat in us that does not change, and is not matter; the other is, that this somewhat is connected mysteriously with the inerasability of scars, which, therefore, may be said to exist in some sense in the spiritual as well as in the material substance of which we are made.

2. It is as true of scars on the brain and nervous system as of those on any less important parts of the body, that they will not wash out, nor grow out.

3. Scars on the brain or nervous system may be made by physical or mental habits, and are the basis of the self-propagative power of habits.

4. When the scars or grooves in which a habit runs are made deep, the habit becomes automatic or self-acting and perhaps involuntary.

5. The grooves worn or scars made by good and bad habits may be inherited.

Physical identity of parent and offspring, spiritual identity of parent and offspring-these mysteries we have discussed here; and this two-fold identity is concerned in the transmission of the thirst for drink. When the drunkard who has had an inflamed stomach, is the father of a child that brings into the world with it an inflamed stomach, you have a case of the transmission of alcoholic scars.

6. While self-control lasts, a bad habit is a vice; when self-control is lost, a bad habit is a disease.

7. When a bad habit becomes a disease, the treatment of it belongs to physicians; while it is a [Pg 9] vice, the treatment of it belongs to the Church.

8. In probably nine cases out of ten, among the physical difficulties produced by the use of alcohol, and not inherited, the trouble is a vice and not a disease.

9. Alcohol, by its affinity for water, hardens all the albuminous or glue-like substances in the body.

10. It thus paralyzes the small nerves, produces arterial relaxation, and deranges the circulation of the blood.

11. It produces thus an increased quickness in the beating of the heart, and ruddiness of

[Pg 8]

countenance which are not signs of health, but of disease.

Pardon me if I dwell a moment on this proposition, which was not made clear by science until a a few years ago. You say that moderate drinking quickens the pulse and adds ruddiness to the countenance, and that, therefore, you have some reason to believe that it is a source of health. I can hardly pardon myself for not having here a set of the chemical substances that partially paralyze the small nerves. I have a list of them before me, and it includes ether and the whole series of nitrites, and especially the nitrite of amyl. If I had the latter substance here, I might, by lifting it to the nostrils, produce this flushing of the face that you call a sign of health in moderate drinking. There are five or six chemical agents that produce paralysis of the vessels of the minute circulation, and among them is alcohol. A blush is produced by a slight paralysis of the small nerves in the interlacing ends of the arteries and veins. If I had ether here, and could turn it on the back of my hand and evaporate it, I could partially freeze the skin, and then, removing the ether, you would see a blush come to the back of the hand. That is because the little nerves that help constrict and keep up the proper tone of the circulating organs, are temporarily paralyzed. A permanent blush in the face of a drunkard indicates a permanent injury to the blood vessels by alcohol. The varicose vein is often produced in this way by the paralysis of some of the nerves that are connected with the fine parts of the circulatory organs. When the face blushes permanently in the drunkard the injury revealed is not a local one, but is inflicted on every organ throughout the whole system.

After moderate drinking you feel the heart beating faster, to be sure, but it beats more rapidly because of the paralysis of the delicate nerves connected with the arteries, and because of the consequent arterial relaxation. The blood meets with less resistance in passing through the relaxed circulatory organs, and so, with no additional force in the heart, that organ beats more rapidly. It beats faster simply because it has less force to overcome. The quickened pulse is a proof of disease and not of health. (*See* Dr. Richardson, Cantor Lectures on Alcohol.)

12. Alcohol injures the blood by changing the color and chemical composition of its corpuscles.

In the stereopticon illustrations, you saw that the red discs of blood are distorted in shape by the action of alcohol. You saw that the arrangement of the coloring matter in the red discs is changed. You saw that various adulterations appeared to come into the blood, or at least into visibility there, under the influence of alcohol. Lastly, you saw, most terrible of all, an absolutely new growth occurring there—a sprout protruding itself from the side of the red corpuscle in the vital stream. Last year I showed you what some of the diseases of leprosy did for the blood, and you see how closely alcoholism in the blood resembles in physical effects the most terrific diseases known to man.

Here are the diseases that are the great red seal of God Almighty's wrath against sensuality; and when we apply the microscope to them, we find in the blood discs these sprouts, that greatly resemble each other in the inebriate and in the leper. Dr. Harriman has explained, with the authority of an expert, these ghastly growths. These sprouts shoot out of the red discs, and he tells you that, after having been called before jury after jury as an expert, sometimes in cases where life was at stake, he has studied alcoholized blood, and that a certain kind of spore, a peculiar kind of sprout, which you have seen here, he never saw except in the veins of a confirmed drunkard. I think the day is coming when, by microscopic examination of the blood discs, we can tell what disease a man has inherited or acquired—if it be one of that kind which takes hold of the circulatory fluid.

This alcohol, with its affinity for water, changes the composition of every substance in the body into which water enters, and there are seven hundred and ninety parts of water in every thousand of blood. The reason alcohol changed this white of an egg into hardness, that if it had been put in whole I could have rolled it across the platform, was that the fierce spirit took the water out of the albumen. If I had a plate of glass here, and could put upon it a solution of the white of an egg, and could sprinkle upon it a little finely-powdered caustic soda, I could very soon pick up the sheet of gelatinous substance and should find it leathery, elastic, tough. Just so this marvelous white matter folded in sheets in the brain is drenched with a substance that takes out the water, and the effect on the brain is to destroy its capacity to perform some of its most delicate actions. The results of that physical incapacity are illustrated in all the proverbial effects of intemperance.

13. The deteriorations produced in the blood by alcohol are peculiarly injurious to the brain on account of the great quantity of blood sent to that organ.

The brain weighs only about one twenty-eighth of the rest of the body, and yet into it, according to most authorities, is sent from a tenth to a sixth of all the blood. If you adopt fiat money, where will the most harm be done? What part of this land shows first of all the effect of a debased condition of the currency? Wall Street? Why? Because there the circulation is most vigorous. The blood of the land, to speak of money under that title, is thrown into Wall Street as the blood of the body is thrown into the head, and so in Wall Street, we have our men on the watch to tell us whether the currency is in a healthy or unhealthy state. The slightest alteration is felt there, because the currency there is accumulated, and so in the brain the slightest injury of the blood is felt first, because here is accumulated the currency of the system.

14. Most poisons and medicines act in the human system according to a law of local affinity, by which their chief force is expended on particular organs, and sometimes on particular spots of particular organs.

[Pg 12]

[Pg 10]

[Pg 13]

15. All science is agreed that the local affinity of alcohol, like that of opium, prussic acid, hashish, belladonna, etc., is for the brain.

16. The brain is the organ of the mind, and the temple and instrument of conduct and character.

17. What disorganizes brain disorganizes mind and character, and whatever disorganizes mind and character disorganizes society.

18. The local affinity of alcohol for the brain, therefore, exempts it, in its relations to Government, from the list of articles that have no such affinity, and gives to Government the right, in self-defence, to interfere by the prohibitory regulation of its sale as a beverage.

19. It is not sufficient to prove that alcohol is not a poison to overthrow the scientific basis of its prohibitory laws.

20. Intemperance and cerebral injury are so related that even moderate indulgence is inseparably connected with intellectual and moral disintonement.

21. In this circumstance, and in the inerasibility of the scars produced by the local affinity of alcohol for the brain, the principle of total abstinence finds its justification by science.

Nothing in science is less questioned than the law of local affinities, by which different substances taken into the system exert their chief effect at particular localities. Lead, for example, fastens first upon the muscles of the wrist, producing what is known among painters and white-lead manufacturers as a wrist-drop. Manganese seizes upon the liver, iodine upon the lymphatic glands, chromate of potash upon the lining membrane of the eyelids, mercury upon the salivary glands and mouth. Oil of tobacco paralyzes the heart. Arsenic inflames the mucous membranes of the alimentary passages. Strychnine takes effect upon the spinal cord. Now, as all chemists admit, the local affinity of alcohol is for the brain. Dr. Lewis describes a case in which the alcohol could not be detected in the fluid of the brain cavities, nor, indeed, in any part of the body, but was obtained by distillation from the substance of the brain itself. Dr. Percy distilled alcohol in large quantities from the substance of the brains of animals killed by it, when only small quantities could be found in the blood or other parts of the systems of the same animals. Dr. Kirk mentions a case in which the brain liquid of a man who died in intoxication smelt very strongly of whisky, and when some of it was taken in a spoon, and a candle put beneath it, the flame burned with a lambent blue flame. But brain is the organ of the mind. Dr. Bucknell (Habitual Drinking) quotes Forbes Winslow as having testified before a Committee of Parliament that the liquid dipped from the brain of an habitual inebriate can thus be burned. Whatever is a disorganizer of the brain is a disorganizer of mind, and whatever is a disorganizer of mind is a disorganizer of society. It is from this point of view that the right of Government to prevent the manufacture of madmen and paupers can be best seen. I care not what men make of the famous recent experiments of Lallemand, Perrin, and Duroy, of France, by which half of the medical profession, including Dr. Carpenter, has been carried over to the support of the propositions that alcohol is eliminated from the system in totality and in nature; is never transformed and never destroyed in the organism; is not food; and is essentially a poison. I care not, on the other hand, what men make of the proposition Mr. Lewes defends, that alcohol may be a negative food. The local affinity of alcohol for the brain! This is a great fact. It is a fact uncontroverted. It is a fact sufficient. It is a fact to be heeded even in legislation.

Among the well known authorities on the influence of alcohol on the human brain, Dr. W. B. Carpenter and Dr. B. W. Richardson, of England, are now in entire accord with Prof. Youmans and Dr. W. E. Greenfield, of the United States, in recommending total abstinence. Dr. Richardson's Cantor lectures have been followed by a volume on "Total Abstinence," and he gives to Dr. Carpenter's views on this subject his full assent and final adhesion, having learned at last, he says, "how solemnly right they are." In 1869 Dr. Richardson began to abstain from wine, by limiting his use of it to festal occasions, but still more recently he has abandoned its use altogether.

The graduates of Amherst College met at the Parker House, in Boston, some years ago, and, although a wine glass was placed at the side of each plate, not one of them was filled. Niagara itself, a recent traveler in the United States says, is not as worthy of description to Englishmen as the pure array of goblets with ice-water at the usual dinners at hotels. Mrs. Hayes has expelled intoxicating beverages from the Presidential mansion.

The latest investigators of the influence of alcohol on the brain are Schulinus, Anstie, Dupré, Labottin, and Binz. The latter in a series of remarkable articles published in the *Practitioner*, in 1876, maintains that a portion of every dose of alcohol is burned in the system, and yet he considers the use of alcohol in health as entirely superfluous. The experimenters agree with the majority of physicians that, in the army and navy, and for use among healthy persons, alcohol, even as a ration strictly limited to a moderate quantity, is physiologically useless and generally harmful.

Upon different portions of the brain the action of alcohol can be distinctly traced by medical science and even by common observation. The brain, it will be remembered, is divided into three parts. The upper, which comprises the larger part, and which is supposed to be the seat of the intellectual and moral faculties, is called the *cerebrum*. Below that, in the back part of the organ, is another mass, called the *cerebellum*, parts of which are believed to control the contractions of the muscles in portions of the body. Still lower is the *medulla oblongata*, which presides over the nerves of respiration. Now the action of alcohol can be distinctly marked upon the different parts

[Pg 16]

[Pg 14]

[Pg 15]

of the brain. The moral and intellectual faculties are first jarred out of order in the progress of intoxication. The tippler laughs and sings, is talkative and jocose, coarse or eloquent to almost any degree according to his temperament. The cerebrum is first affected. His judgment becomes weak; he is incapable of making a good bargain, or of defending his own rights intelligently, but he does not yet stagger; he is as yet only a moderate drinker. The effect of moderate drinking, however, is to weaken the judgment and to destroy the best powers of the will and intellect. But he takes another glass, and the cerebellum which governs several of the motions of the body is affected, and now he begins to stagger. He loses all control of his muscles, and plunges headlong against post and pavement. One more glass and the *medulla oblongata* is poisoned. This organ controls the nerves which order the movements of the lungs, and now occurs that hard breathing and snoring which is seen in dead drunkenness. This stoppage is caused by impure blood so poisoning the *medulla oblongata* that it can no longer perform its duties. The cerebrum and cerebellum now seem to have their action entirely suspended, and sometimes the respiratory movements stop forever, and the man dies by asphyxia in the same manner as by drowning, strangling, or narcotic poisoning by any other substance. (See Prof. Ferrier. The Localization of Cerebral Disease. London, 1878.)

Who shall say where end the consequences of alcoholic injury of the blood and of the substance of the brain? Here within the cranium, in this narrow chamber, so small that a man's hand may span it, and upon this sheet of cerebral matter, which, if dilated out, would not cover a surface of over six hundred square inches, is the point of union between spirit and matter. Inversions of right judgment and every distortion of moral sense legitimately follow from the intoxicating cup. It is here that we should speak decidedly of the evil effects of moderate drinking. Men may theorize as they please, but practically there is in average experience no such thing as a moderate dose of alcohol. People drink it to produce an effect. They take enough to "fire up," as they say, and unless that effect is produced they are not satisfied. They will have enough to raise their spirits, or dissipate gloom. And this is enough to impair judgment, and in the course of years perhaps to ruin fortune, body, and soul. The compass is out of line in life's dangerous sea, and a few storms may bring the ship upon breakers.

It is to be remembered that, by the law of local affinity, the dose of alcohol is not diffused throughout the system, but is concentrated in its chief effects upon a single organ. When a man drinks moderately, though the effects might be minute if dispersed through the whole body, yet they may be powerful when most of them are gathered upon the brain. They may be dangerous when turned upon the intellect, and even fatal when concentrated upon the primal guiding powers of mind—reason, and moral sense. It is not to the whole body that a moderate glass goes; it is chiefly to its most important part—the brain; and not to the whole brain, but to its most important part—the seat of the higher mental and moral powers; and not to these powers at large, but to their helmsman and captain—Reason and Conscience.

"Ship ahoy! All aboard! Let your one shot come," shouts the sailor to the pirate craft. Now, one shot will not shiver a brig's timbers much, but suppose that this one ball were to strike the captain through the heart, and the helmsman through the skull, and that there are none to fill their posts, it would be a terrible shot indeed. Moderate drinking is a charmed ball from a pirate craft. It does not lodge in the beams' ends. It cuts no masts. It shivers no plank between wind and water. It strikes no sailor or under-officer, but with magic course it seeks the heart of the captain and the arms of the helmsman, and it always hits. Their leaders dead, and none to take their place, the crew are powerless against the enemy. Thunders another broadside from pirate alcohol, and what is the effect? Every ball is charmed; not one of the crew is killed, but every one becomes mad and raises mutiny. Commanders dead, they are free. Thunders another broadside from the pirate, and the charmed balls complete their work. The mutinous crew rage with insanity. Captain Conscience and Steersman Reason are picked up, and, lest their corpses should offend the crazy sailors, pitched overboard. Then ranges Jack Lust from one end of the ship to the other. That brave tar, Midshipman Courage, who, in his right mind, was the bravest defender of the ship, now wheels the cannon against his own friends and rakes the deck with red-hot grape until every mast totters with shot-holes. The careful stewards, seamen Friendship and Parental Love, whose exertions have always heretofore provided the crew seasonably with food and drink, now refuse to cook, furnish no meals, unhead the water-casks, waste the provisions, and break the ship's crockery. The vessel has wheeled into the trough of the sea; a black shadow approaches swiftly over the waters, and the compass and helm are deserted. That speculating mate, Love of Money, who, if sober, would see the danger, and order every rag down from jib to mainsail, and make the ship scud under bare poles before the black squall, now, on the contrary, orders up every sail and spreads every thread of canvas. The rising storm whistles in the rigging, but he does not hear it. That black shadow on the water is swiftly nearing. He does not see it. In the trough of the sea the ship rocks like a cockle shell. He does not feel it. Yonder, before the dense rush of the coming blow of air rises a huge wave, foaming, and gnawing, and groaning on high. He does not hear it. With a shock like the opening of an earthquake it strikes the broadside; with a roar it washes over the deck; three snaps like cannon, and the heavily-rigged masts are gone; a lurch and sucking in of waves, and the hold is full of water, and the sinking ship just survives the first heavy sea. Then comes out Mirthfulness, and sits astride the broken bowsprit, and ogles a dancing tune. The crew dance! It were possible, even yet, to so man the pumps and right the helm as to ride over the swells and drive into port, but all action for the right government of the ship is ended. Trumpeter Language mounts the shattered beams of the forecastle, and makes an oration; it is not necessary to work, he tells the crew, but to hear him sputter yarns.

[Pg 20]

[Pg 21]

[Pg 19]

[Pg 18]

It is fearful now to look upon the raging of the black sea. Every moment the storm increases in fury. As a giant would toss about a straw, so the waves handle the wrecked timbers. Night gathers her black mists into the rifted clouds, and the strong moaning sound of the storm is heard on the dark ocean. By that glare of lightning I saw a sail and a life-boat! Men from another ship are risking their lives to save the insane crew whose masts are gone. They come nearer, but the boat bounds and quivers, and is nearly swamped upon the top of a wave. Jack Courage and Independence see the boat coming. "Ship aboy," shout the deliverers. "Life-boat from the ship Temperance! Quit your wreck and be saved." No reply. Independence grinds his teeth and growls to Jack Courage that the offer of help is an insult. "I will tell you how to answer," says Jack, stern and bloody. There is one cannon left with a dry charge. They wheel that upon the approaching boat, and Independence holds the linstock over the fuse-hole. "Life-boat for sailors on the wreck," shouts Philanthropy from the approaching boat. "What answer, ship Immortal?" Then shoots from the ringing gun a tongue of flame, and ten pounds of iron are on their way. The Temperance boat rocks lower from the wave-top, and the deadly reply just grazes the heads of the astounded philanthropists and buries itself heavily in their own ship beyond. It was an accident, they think, and keep on board the ship and stand upon its deck. Then flash from their scabbards a dozen swords; then click the locks of a dozen muskets; then double the palms of a dozen fists; then shake the clubs of a dozen maniac arms, and the unsuspecting deliverers are murdered on the deck they came to save. As the lightning glares I see them thrown into the sea, while thunders are the dirge of the dead and the damnation of the murderers.

The drunken ship is fast filling with water. Not a man at the pumps, not an arm at the helm. Having destroyed their friends, the crew fall upon each other. Close under their bow rave the breakers of a rocky shore, but they hear it not. At intervals they seem to realize their condition, and their power even yet to save themselves, but they make no effort. Gloom, and storm, and foam shut them up against hell with many thunders. In this terrible extremity Independence is heard to refuse help, and boasts of his strength. Friendship and Parental Love rail at thoughts of affection. Language trumpets his easy yarns and grows garrulous as the timbers crack one after another. Rage and Revenge are now the true names of Firmness and Courage. Silly Mirth yet giggles a dance, and I saw him astride the last timber as the ship went down, tossing foam at the lightning. Then came a sigh of the storm, a groaning of waves, a booming of blackness, and a red, crooked thunderbolt shot wrathfully blue into the suck of the sea where the ship went down.

And I asked the names of those rocks, and was told: "God's Stern and Immutable Laws."

And I asked the name of that ship, and they said: "Immortal Soul."

And I asked why its crew brought it there, and they said: "Their captain, Conscience, and helmsman, Reason, were dead."

And I asked how they died, and they said: "By one single shot from the pirate Alcohol; by one charmed ball of Moderate Drinking!"

On this topic, over which we sleep, we shall some day cease to dream.

ADVERTISEMENTS

The Beer Question.

The National Temperance Society has published the following books, tracts, and pamphlets upon the beer question, which should have a wide circulation. The following are adapted to Sundayschool libraries, as well as for family reading and general distribution.

Brewer's Fortune, The. By Mary Dwinell Chellis. 12mo, 425 pp \$1.50

This takes up and discusses the entire beer question; the writer having carefully studied the subject from every point of view, and it is worthy of the widest circulation. It is one of the best volumes ever written by this popular author, and shows that wealth can not compensate for evildoing, and that the sins of the fathers are often visited upon the children.

Brewery at Taylorville, The. By Mary Dwinell Chellis. 12mo, 445 pp 1.50

This book shows how much evil was wrought by the establishment of a brewery in a hitherto prosperous town, and how it brought ruin and disgrace upon those who indulged in what are called the lighter drinks. It is one of the strongest books in favor of total abstinence from everything that can intoxicate.

Firebrands; a Temperance Tale. By Mrs. J. McNair Wright. 12mo, 357 pp 1.25

It is the story of an orphaned boy, adopted by a distant relative, and subsequently the inheritor of a small fortune from an uncle, which he is then induced to invest in brewing in a country village, with an unhappy sequel alike to himself and the community. The lesson against tampering with beer or strong drink, either the drinking, making, or vending of it, is of a most impressive

[Pg 22]

[Pg 25]

[Pg 23]

character, and is admirably adapted to win and hold the reader's interest, and to create and strengthen good resolutions.

Beer as a Beverage. An address by G. W. Hughey. 12mo, 24 pp 10

A very able reply to the assumptions by the brewers at their late congress at St. Louis, that beer is a harmless, wholesome, "temperance" beverage. It deals very effectively and conclusively with the sophistries and falsehoods of the brewers, and is a most valuable document for general circulation by the friends of temperance in all parts of the country.

History and Mystery of a Glass of Ale. By J. W. Kirton. 12mo, 24 pp 10

Showing what ale is, and what it does, and why it should be let alone.

EIGHT-PAGE TRACTS, \$6.00 per 1,000.

The Evils of Beer Legislation. By J. B. Dunn, D.D. **Malt Liquors, their Nature and Effects.** By Wm. Hargreaves, M.D.

FOUR-PAGE TRACTS, \$3.00 per 1,000.

Why I Did Not Become a Brewer. By J. B. Dunn, D.D.
That Glass of Ale. By Rev. E. H. Pratt.
The Sabbath and the Beer Question. By Geo. Lansing Taylor, D.D.
Shall we Use Wines and Beer? By Mrs. Sarah K. Bolton.
A Glass of Ale. By T. S. Arthur.
Not Poverty, but Beer. By Mary Dwinell Chellis.

UNION HAND-BILLS, \$1.00 per 1,000.

A Crusade Against Beer. What Is Malt Liquor? What Brewers Think about Beer. What! Deprive a Poor Man of his Beer? What Beer Costs. What Have You to Show for It?

Address J. N. STEARNS, Publishing Agent, 58 Reade Street, New York.

Science and Temperance.

[Pg 26]

By BENJAMIN W. RICHARDSON, M.A., M.D., F.R.S.,

Fellow of the Royal College of Physicians, London; etc.

The National Temperance Society has published the following new and valuable works on alcohol, from a scientific stand-point, written by Dr. Richardson, one of the foremost scientists of the age.

On Alcohol. With an introduction by Dr. Willard Parker, of New York. 12mo, 190 pages. Paper covers, 50 cents; cloth **\$1.00**

This book contains the "Cantor Lectures" recently delivered before the Society of Arts. These justly celebrated lectures, six in number, embrace a historical sketch of alcoholic distillation, and the results of an exhaustive scientific inquiry concerning the nature of alcohol and its effects upon the human body and mind. They have attracted much attention throughout Great Britain, both among physicians and general readers, and are the latest and best scientific expositions of alcohol and its effects extant.

The Temperance Lesson-Book. A series of 52 short Lessons on Alcohol and its Action on the Body. Adapted for public and private schools, and supplies a great educational need. 12mo, 220 pages. School edition, per dozen, \$6.00; singly **75**

It is the mature result of most careful and extended research on the part of its gifted author, whose attainments place him in the front rank of the ablest scientists of the world. There are fifty-two lessons, each followed by a series of questions for examination and review. They are free from labored and wearisome details, cover a wide range of physiological and hygienic information, and in style are simple and attractive, admirably adapted to win and retain to the end the interest of students. Their practical value, as a means of prevention and a safeguard for the young against the drink peril, it would be impossible to compute.

Moderate Drinking: For and Against, from Scientific Points of View. 12mo, 48 pages. Paper 20

It is a thoroughly scientific and impartial discussion of the subject of the moderate use of alcoholic beverages, by one who stands in the front rank of the most distinguished scientists in Great Britain, and as such possesses a rare value for circulation among the young, and all who

may not yet have arrived at mature convictions as to total abstinence. It is one of the most valuable contributions its gifted author has yet made to temperance literature. It ought to be in the hands of all college students, and of young men, ministers, teachers, and intelligent people everywhere.

Action of Alcohol on the Body and on the Mind, The. 12mo, 60 pages. Paper 20

Two able and important lectures, the result of careful and extended researches as to the results of alcohol from a scientific stand-point, and are among the ablest contributions to this branch of the subject.

The Medical Profession and Alcohol. An Address before the British Medical Association. 12mo, 33 pages. Paper **10**

It is a scientific plea for total abstinence, of great power. It embodies also a very earnest appeal to members of the medical profession to join in the pending vitally important warfare against alcoholic beverages. It is a most valuable publication to place in the hands of the physicians of this country, among whom it should have the widest possible circulation.

Address J. N. STEARNS, Publishing Agent, 58 Reade Street, New York.

*** END OF THE PROJECT GUTENBERG EBOOK ALCOHOL AND THE HUMAN BRAIN ***

Updated editions will replace the previous one—the old editions will be renamed.

Creating the works from print editions not protected by U.S. copyright law means that no one owns a United States copyright in these works, so the Foundation (and you!) can copy and distribute it in the United States without permission and without paying copyright royalties. Special rules, set forth in the General Terms of Use part of this license, apply to copying and distributing Project Gutenberg[™] electronic works to protect the PROJECT GUTENBERG[™] concept and trademark. Project Gutenberg is a registered trademark, and may not be used if you charge for an eBook, except by following the terms of the trademark license, including paying royalties for use of the Project Gutenberg trademark. If you do not charge anything for copies of this eBook, complying with the trademark license is very easy. You may use this eBook for nearly any purpose such as creation of derivative works, reports, performances and research. Project Gutenberg eBooks may be modified and printed and given away—you may do practically ANYTHING in the United States with eBooks not protected by U.S. copyright law. Redistribution is subject to the trademark license, especially commercial redistribution.

START: FULL LICENSE THE FULL PROJECT GUTENBERG LICENSE PLEASE READ THIS BEFORE YOU DISTRIBUTE OR USE THIS WORK

To protect the Project Gutenberg[™] mission of promoting the free distribution of electronic works, by using or distributing this work (or any other work associated in any way with the phrase "Project Gutenberg"), you agree to comply with all the terms of the Full Project Gutenberg[™] License available with this file or online at www.gutenberg.org/license.

Section 1. General Terms of Use and Redistributing Project Gutenberg $\ensuremath{^{\text{\tiny TM}}}$ electronic works

1.A. By reading or using any part of this Project Gutenberg[™] electronic work, you indicate that you have read, understand, agree to and accept all the terms of this license and intellectual property (trademark/copyright) agreement. If you do not agree to abide by all the terms of this agreement, you must cease using and return or destroy all copies of Project Gutenberg[™] electronic works in your possession. If you paid a fee for obtaining a copy of or access to a Project Gutenberg[™] electronic work and you do not agree to be bound by the terms of this agreement, you may obtain a refund from the person or entity to whom you paid the fee as set forth in paragraph 1.E.8.

1.B. "Project Gutenberg" is a registered trademark. It may only be used on or associated in any way with an electronic work by people who agree to be bound by the terms of this agreement. There are a few things that you can do with most Project Gutenberg[™] electronic works even without complying with the full terms of this agreement. See paragraph 1.C below. There are a lot of things you can do with Project Gutenberg[™] electronic works if you follow the terms of this agreement and help preserve free future access to Project Gutenberg[™] electronic works. See paragraph 1.E below.

1.C. The Project Gutenberg Literary Archive Foundation ("the Foundation" or PGLAF), owns a compilation copyright in the collection of Project Gutenberg[™] electronic works. Nearly all the individual works in the collection are in the public domain in the United States. If an individual work is unprotected by copyright law in the United States and you are located in the United States, we do not claim a right to prevent you from copying, distributing,

performing, displaying or creating derivative works based on the work as long as all references to Project Gutenberg are removed. Of course, we hope that you will support the Project Gutenberg[™] mission of promoting free access to electronic works by freely sharing Project Gutenberg[™] works in compliance with the terms of this agreement for keeping the Project Gutenberg[™] name associated with the work. You can easily comply with the terms of this agreement by keeping this work in the same format with its attached full Project Gutenberg[™] License when you share it without charge with others.

1.D. The copyright laws of the place where you are located also govern what you can do with this work. Copyright laws in most countries are in a constant state of change. If you are outside the United States, check the laws of your country in addition to the terms of this agreement before downloading, copying, displaying, performing, distributing or creating derivative works based on this work or any other Project Gutenberg[™] work. The Foundation makes no representations concerning the copyright status of any work in any country other than the United States.

1.E. Unless you have removed all references to Project Gutenberg:

1.E.1. The following sentence, with active links to, or other immediate access to, the full Project Gutenberg[™] License must appear prominently whenever any copy of a Project Gutenberg[™] work (any work on which the phrase "Project Gutenberg" appears, or with which the phrase "Project Gutenberg" is associated) is accessed, displayed, performed, viewed, copied or distributed:

This eBook is for the use of anyone anywhere in the United States and most other parts of the world at no cost and with almost no restrictions whatsoever. You may copy it, give it away or re-use it under the terms of the Project Gutenberg License included with this eBook or online at <u>www.gutenberg.org</u>. If you are not located in the United States, you will have to check the laws of the country where you are located before using this eBook.

1.E.2. If an individual Project GutenbergTM electronic work is derived from texts not protected by U.S. copyright law (does not contain a notice indicating that it is posted with permission of the copyright holder), the work can be copied and distributed to anyone in the United States without paying any fees or charges. If you are redistributing or providing access to a work with the phrase "Project Gutenberg" associated with or appearing on the work, you must comply either with the requirements of paragraphs 1.E.1 through 1.E.7 or obtain permission for the use of the work and the Project GutenbergTM trademark as set forth in paragraphs 1.E.8 or 1.E.9.

1.E.3. If an individual Project Gutenberg[™] electronic work is posted with the permission of the copyright holder, your use and distribution must comply with both paragraphs 1.E.1 through 1.E.7 and any additional terms imposed by the copyright holder. Additional terms will be linked to the Project Gutenberg[™] License for all works posted with the permission of the copyright holder found at the beginning of this work.

1.E.4. Do not unlink or detach or remove the full Project GutenbergTM License terms from this work, or any files containing a part of this work or any other work associated with Project GutenbergTM.

1.E.5. Do not copy, display, perform, distribute or redistribute this electronic work, or any part of this electronic work, without prominently displaying the sentence set forth in paragraph 1.E.1 with active links or immediate access to the full terms of the Project Gutenberg[™] License.

1.E.6. You may convert to and distribute this work in any binary, compressed, marked up, nonproprietary or proprietary form, including any word processing or hypertext form. However, if you provide access to or distribute copies of a Project Gutenberg[™] work in a format other than "Plain Vanilla ASCII" or other format used in the official version posted on the official Project Gutenberg[™] website (www.gutenberg.org), you must, at no additional cost, fee or expense to the user, provide a copy, a means of exporting a copy, or a means of obtaining a copy upon request, of the work in its original "Plain Vanilla ASCII" or other form. Any alternate format must include the full Project Gutenberg[™] License as specified in paragraph 1.E.1.

1.E.7. Do not charge a fee for access to, viewing, displaying, performing, copying or distributing any Project Gutenberg[™] works unless you comply with paragraph 1.E.8 or 1.E.9.

1.E.8. You may charge a reasonable fee for copies of or providing access to or distributing Project Gutenberg^m electronic works provided that:

• You pay a royalty fee of 20% of the gross profits you derive from the use of Project Gutenberg[™] works calculated using the method you already use to calculate your applicable taxes. The fee is owed to the owner of the Project Gutenberg[™] trademark, but he has agreed to donate royalties under this paragraph to the Project Gutenberg Literary Archive Foundation. Royalty payments must be paid within 60 days following each date on which you

prepare (or are legally required to prepare) your periodic tax returns. Royalty payments should be clearly marked as such and sent to the Project Gutenberg Literary Archive Foundation at the address specified in Section 4, "Information about donations to the Project Gutenberg Literary Archive Foundation."

- You provide a full refund of any money paid by a user who notifies you in writing (or by email) within 30 days of receipt that s/he does not agree to the terms of the full Project Gutenberg[™] License. You must require such a user to return or destroy all copies of the works possessed in a physical medium and discontinue all use of and all access to other copies of Project Gutenberg[™] works.
- You provide, in accordance with paragraph 1.F.3, a full refund of any money paid for a work or a replacement copy, if a defect in the electronic work is discovered and reported to you within 90 days of receipt of the work.
- You comply with all other terms of this agreement for free distribution of Project Gutenberg $^{\mbox{\tiny M}}$ works.

1.E.9. If you wish to charge a fee or distribute a Project GutenbergTM electronic work or group of works on different terms than are set forth in this agreement, you must obtain permission in writing from the Project Gutenberg Literary Archive Foundation, the manager of the Project GutenbergTM trademark. Contact the Foundation as set forth in Section 3 below.

1.F.

1.F.1. Project Gutenberg volunteers and employees expend considerable effort to identify, do copyright research on, transcribe and proofread works not protected by U.S. copyright law in creating the Project Gutenberg[™] collection. Despite these efforts, Project Gutenberg[™] electronic works, and the medium on which they may be stored, may contain "Defects," such as, but not limited to, incomplete, inaccurate or corrupt data, transcription errors, a copyright or other intellectual property infringement, a defective or damaged disk or other medium, a computer virus, or computer codes that damage or cannot be read by your equipment.

1.F.2. LIMITED WARRANTY, DISCLAIMER OF DAMAGES - Except for the "Right of Replacement or Refund" described in paragraph 1.F.3, the Project Gutenberg Literary Archive Foundation, the owner of the Project Gutenberg[™] trademark, and any other party distributing a Project Gutenberg[™] electronic work under this agreement, disclaim all liability to you for damages, costs and expenses, including legal fees. YOU AGREE THAT YOU HAVE NO REMEDIES FOR NEGLIGENCE, STRICT LIABILITY, BREACH OF WARRANTY OR BREACH OF CONTRACT EXCEPT THOSE PROVIDED IN PARAGRAPH 1.F.3. YOU AGREE THAT THE FOUNDATION, THE TRADEMARK OWNER, AND ANY DISTRIBUTOR UNDER THIS AGREEMENT WILL NOT BE LIABLE TO YOU FOR ACTUAL, DIRECT, INDIRECT, CONSEQUENTIAL, PUNITIVE OR INCIDENTAL DAMAGES EVEN IF YOU GIVE NOTICE OF THE POSSIBILITY OF SUCH DAMAGE.

1.F.3. LIMITED RIGHT OF REPLACEMENT OR REFUND - If you discover a defect in this electronic work within 90 days of receiving it, you can receive a refund of the money (if any) you paid for it by sending a written explanation to the person you received the work from. If you received the work on a physical medium, you must return the medium with your written explanation. The person or entity that provided you with the defective work may elect to provide a replacement copy in lieu of a refund. If you received the work electronically, the person or entity providing it to you may choose to give you a second opportunity to receive the work electronically in lieu of a refund. If the second copy is also defective, you may demand a refund in writing without further opportunities to fix the problem.

1.F.4. Except for the limited right of replacement or refund set forth in paragraph 1.F.3, this work is provided to you 'AS-IS', WITH NO OTHER WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING BUT NOT LIMITED TO WARRANTIES OF MERCHANTABILITY OR FITNESS FOR ANY PURPOSE.

1.F.5. Some states do not allow disclaimers of certain implied warranties or the exclusion or limitation of certain types of damages. If any disclaimer or limitation set forth in this agreement violates the law of the state applicable to this agreement, the agreement shall be interpreted to make the maximum disclaimer or limitation permitted by the applicable state law. The invalidity or unenforceability of any provision of this agreement shall not void the remaining provisions.

1.F.6. INDEMNITY - You agree to indemnify and hold the Foundation, the trademark owner, any agent or employee of the Foundation, anyone providing copies of Project Gutenberg[™] electronic works in accordance with this agreement, and any volunteers associated with the production, promotion and distribution of Project Gutenberg[™] electronic works, harmless from all liability, costs and expenses, including legal fees, that arise directly or indirectly from any of the following which you do or cause to occur: (a) distribution of this or any Project Gutenberg[™] work, (b) alteration, modification, or additions or deletions to any

Project Gutenberg[™] work, and (c) any Defect you cause.

Section 2. Information about the Mission of Project Gutenberg™

Project Gutenberg[™] is synonymous with the free distribution of electronic works in formats readable by the widest variety of computers including obsolete, old, middle-aged and new computers. It exists because of the efforts of hundreds of volunteers and donations from people in all walks of life.

Volunteers and financial support to provide volunteers with the assistance they need are critical to reaching Project Gutenberg[™]'s goals and ensuring that the Project Gutenberg[™] collection will remain freely available for generations to come. In 2001, the Project Gutenberg Literary Archive Foundation was created to provide a secure and permanent future for Project Gutenberg[™] and future generations. To learn more about the Project Gutenberg Literary Archive Foundation and how your efforts and donations can help, see Sections 3 and 4 and the Foundation information page at www.gutenberg.

Section 3. Information about the Project Gutenberg Literary Archive Foundation

The Project Gutenberg Literary Archive Foundation is a non-profit 501(c)(3) educational corporation organized under the laws of the state of Mississippi and granted tax exempt status by the Internal Revenue Service. The Foundation's EIN or federal tax identification number is 64-6221541. Contributions to the Project Gutenberg Literary Archive Foundation are tax deductible to the full extent permitted by U.S. federal laws and your state's laws.

The Foundation's business office is located at 809 North 1500 West, Salt Lake City, UT 84116, (801) 596-1887. Email contact links and up to date contact information can be found at the Foundation's website and official page at www.gutenberg.org/contact

Section 4. Information about Donations to the Project Gutenberg Literary Archive Foundation

Project Gutenberg[™] depends upon and cannot survive without widespread public support and donations to carry out its mission of increasing the number of public domain and licensed works that can be freely distributed in machine-readable form accessible by the widest array of equipment including outdated equipment. Many small donations (\$1 to \$5,000) are particularly important to maintaining tax exempt status with the IRS.

The Foundation is committed to complying with the laws regulating charities and charitable donations in all 50 states of the United States. Compliance requirements are not uniform and it takes a considerable effort, much paperwork and many fees to meet and keep up with these requirements. We do not solicit donations in locations where we have not received written confirmation of compliance. To SEND DONATIONS or determine the status of compliance for any particular state visit www.gutenberg.org/donate.

While we cannot and do not solicit contributions from states where we have not met the solicitation requirements, we know of no prohibition against accepting unsolicited donations from donors in such states who approach us with offers to donate.

International donations are gratefully accepted, but we cannot make any statements concerning tax treatment of donations received from outside the United States. U.S. laws alone swamp our small staff.

Please check the Project Gutenberg web pages for current donation methods and addresses. Donations are accepted in a number of other ways including checks, online payments and credit card donations. To donate, please visit: www.gutenberg.org/donate

Section 5. General Information About Project Gutenberg[™] electronic works

Professor Michael S. Hart was the originator of the Project Gutenberg[™] concept of a library of electronic works that could be freely shared with anyone. For forty years, he produced and distributed Project Gutenberg[™] eBooks with only a loose network of volunteer support.

Project GutenbergTM eBooks are often created from several printed editions, all of which are confirmed as not protected by copyright in the U.S. unless a copyright notice is included. Thus, we do not necessarily keep eBooks in compliance with any particular paper edition.

Most people start at our website which has the main PG search facility: <u>www.gutenberg.org</u>.

This website includes information about Project Gutenberg[™], including how to make donations to the Project Gutenberg Literary Archive Foundation, how to help produce our new eBooks, and how to subscribe to our email newsletter to hear about new eBooks.